

herworld

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So Real, So Chic!

APR 2011 RM7

REAL-LIFE SHOCKER

**A mother's guilt:
"He abused
our child
and I just
watched"**

**IS BLACK A MUST
AT BLACK-TIE
EVENTS?**

**Solve your dress
code dilemmas**

(pg 87)

**CATE
BLANCHETT**
"I don't wish to look
25. I want to look great
now at 41"

**YOU'RE HERE.
HE'S FAR AWAY.
FANTASTIC!**

**The plus points
of being apart**

SPY ALERT:

**How to tell a
colleague from
an office threat**

**FIND TIPS
TO SAVE OUR
PLANET NOW**

**WIN!
SENSUOUS
SKINCARE
WORTH
RM15,000**

**Hello,
Beautiful!**

**285 beauty ideas for
great skin & body**



Her Look



If you want a
natural solution...

**Lifting Line Smoother Facial
Treatment (RM248 for 60
mins) at Clarins Skin Spa
(www.my.clarins.com)**

"The beautician explained that at Clarins, they don't use machines or perform extractions because the main goal is to relax and let the products absorb into the skin. I let myself drift off as the beautician used a personalised blend of products on my face and neck, which weren't harsh on the skin, and smelled divine. I left with a calmer mind, and with toned, firmer skin to boot. The radiance lasted for days afterwards!"

— Gowri V, 57, teacher.



If you like cosmeceutical
skincare...

**Anti-Ageing Absolute Lifting Facial + Neck Facial
(RM398 + RM48 for 90 mins) at AsterSpring
Origin Of Beauty (www.asterspring.com)**

"I like the machine-and-massage
combination because I feel that
science and tradition really

complement each other. After cleansing, the beautician rubbed a gauze-like pad attached to an antiseptic treatment wand over my face to clear up any bacteria; I haven't experienced this elsewhere. The facial left my skin smooth and soft, and I noticed a slight lift in my facial contours. The results lasted for days, and I felt more confident when meeting my clients."

— Miera Nadhirah Tan,
35, mutual fund consultant.

If you're looking for relaxation...



**Thalgotive Firming Treatment (RM190
for 90 mins) at Absolute Beaute, Sunway
Giza Mall (03-6148 1968)**

"My favourite part about this
facial was when the beautician
used her hands to massage
my ears over a towel – it
sounded exactly like sea waves
and incredibly relaxing! The

massage focused more on kneading and push-and-pull movements but was not painful. After that the beautician used icy cold balls to rub the skin and close the pores. My skin looked fairer, brighter and suppler after just one treatment."

— Mary Chia, 58, homemaker.

If you want a significant lift...



**Guinot Hydrathermie Lift Treatment (RM300 for 2 hours) at Sheaden Beauty, Damansara
Uptown (03-7803 6858)**

"This facial uses a metal wand with positive and negative charges to lift the facial contours. It's more of a shaping treatment not a relaxing one, but as long as there are results, I feel the slight discomfort is worth it. I noticed an instant lifting effect, and my pores looked smaller. Even after a few days, my face looked slimmer and radiant. Plus, the beautician was friendly and attentive."

— Shirley Chin, 30s, assistant
sales manager.